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For Immediate Release

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New director for Kentucky Access is “best choice” to help high-cost individuals with health insurance

FRANKFORT, KY. – Frederick D. Nelson, 47, of Lexington, will serve as the director of Kentucky Access, the newly formed state division focused on helping high-cost individuals with their health insurance needs, Kentucky Insurance Commissioner George Nichols III announced today.

“He clearly is the best choice to direct Kentucky Access because of his experience working with consumers, doctors, and employer groups,” Nichols said.

Nelson served as a trial lawyer representing plaintiffs on medical malpractice cases, a managed care executive who led a 550-doctor association, and a benefits consultant who helped employer groups with health insurance. He has negotiated health insurance contracts benefiting as many as 140,000 members and is recognized for his skills in negotiating physician contracts.

Nelson, an attorney who graduated from the University of Kentucky College of Law in 1977, has served the past six years as executive director and general counsel for The Physicians’ Network in Lexington. Previously, he served four years as consultant and attorney for a third party administrator and employee benefits firm specializing in representation of employer groups.

(NOTE: A detailed resume is available upon request; Mr. Nelson is available for photo or interview if desired.)

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